Innovations in Practice and Policy to End Infant Mortality Disparities Conference

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Brick by Brick
Building an MCH Life Course Organization to Improve Women's Health Across the Lifespan

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Northern Manhattan Perinatal Partnership, Inc

Objectives

I. Define a Maternal Child Health Life Course Organization (MCHLCO)

II. Demonstrate a step-by-step organizational approach to moving the Life Course Framework from theory to practice for interconceptional care

III. Summarize the benefits and impact of NMPP as a MCHLCO

Our Why!

The Northern Manhattan Perinatal Partnership, Inc. (NMPP) is a not-for-profit organization comprised of a network of public and private agencies, community residents, health organizations and local businesses. NMPP provides crucial services to women and children in Central, West and East Harlem and Washington Heights.

Mission Statement

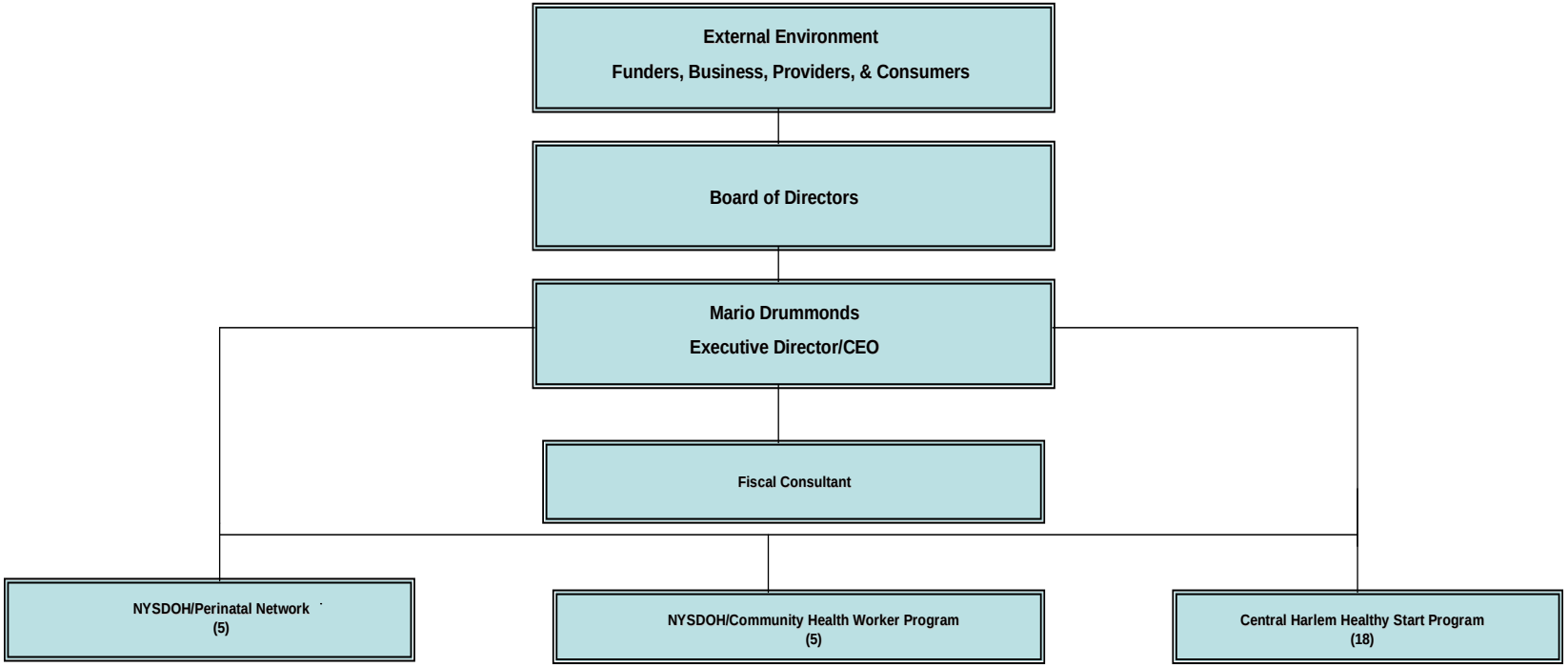
NMPP's mission is to save babies and help women take charge of their reproductive, social and economic lives. We achieve this mission by offering a number of programs that help reduce the infant mortality rate and increase the self-sufficiency of poor and working class women throughout the above communities.

NMPP 1995

NORTHERN MANHATTAN PERINATAL PARTNERSHIP, INC.

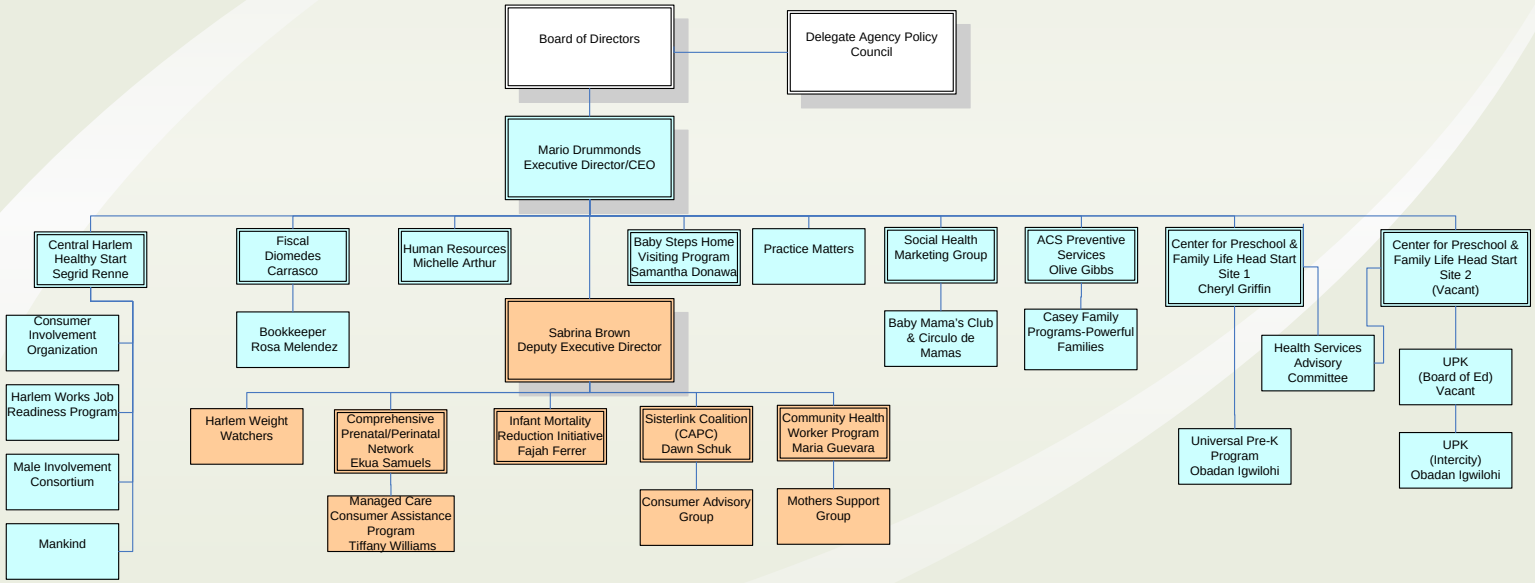
MANAGERIAL/PROGRAM CHART for 1995

SUSTAINABILITY as ORGANIZATIONAL STRATEGIC INTENT

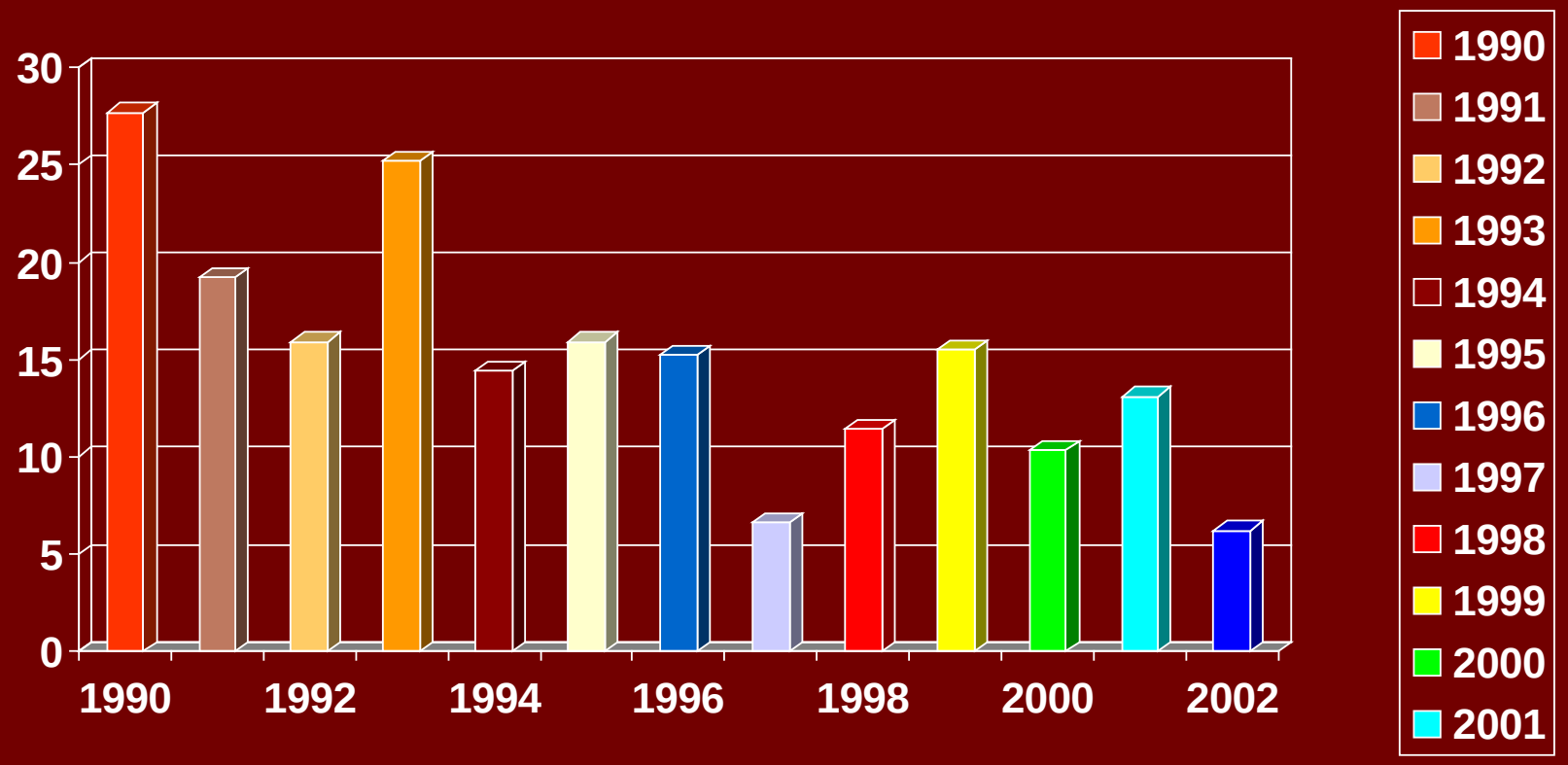


NMPP 2009

Northern Manhattan Perinatal Partnership – Organizational Chart



Central Harlem
Infant Mortality Rate



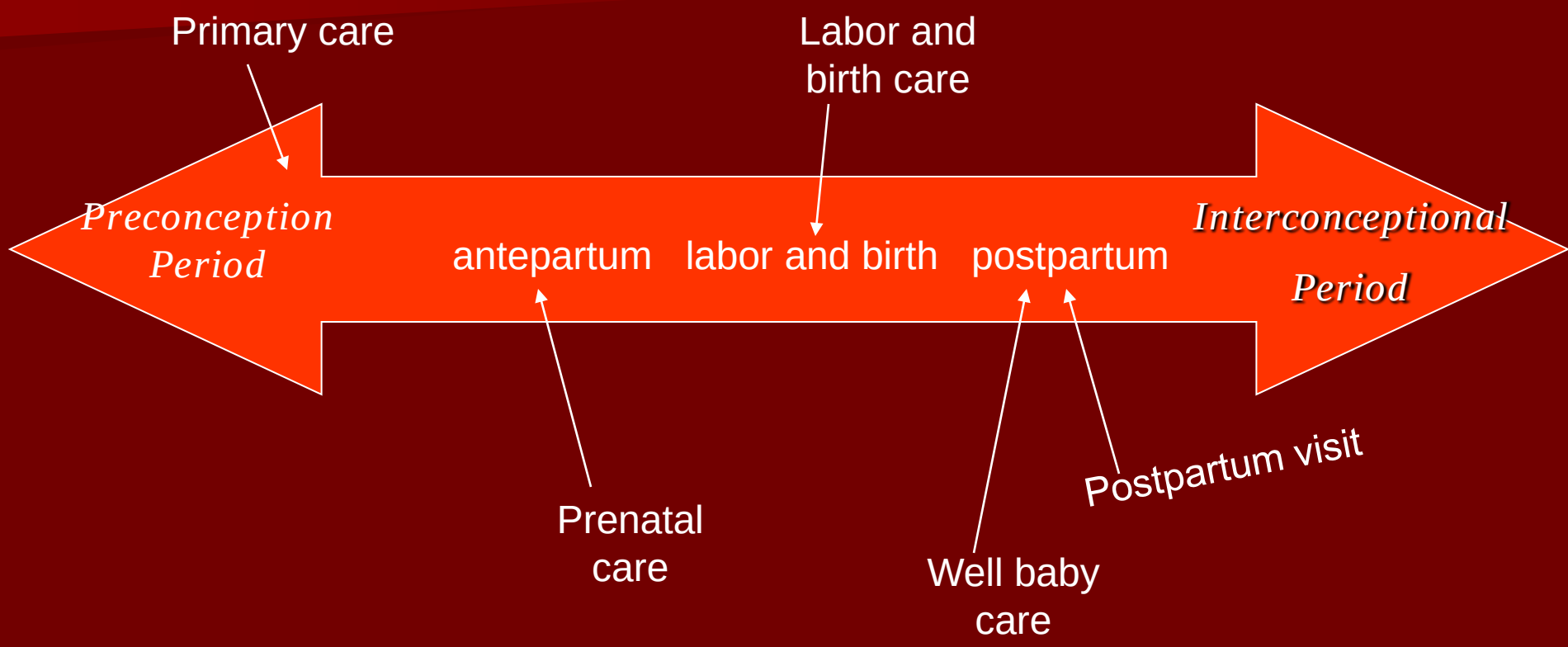
Infant Deaths and Infant Mortality Rate by Health Center District of Residence

New York City, 2001-2007

Health Center District	2001 IMR	2002 IMR	2003 IMR	2004 IMR	2005 IMR	2006 IMR	2007 IMR
New York City	6.1	6.0	6.5	6.1	6.0	5.9	5.4
Central Harlem	13.1	6.2	7.3	5.1	7.4	11.0	8.0
East Harlem	7.8	8.3	5.0	5.5	3.6	5.0	8.4
Washington Heights	5.5	4.2	7.3	5.9	4.5	3.8	2.8

September 13, 2006
Bureau of Vital Statistics
New York City Department of Health and Mental Hygiene

Traditional Perinatal Care Continuum



Lifespan Approach

Birth Early childhood Pre-teen Teen Young adult Women 35> Seniors

Definition

A MCH Life Course Organization is an entity (local/state) that develops the capacity over time to deliver integrated, continuous and comprehensive health and social services and support to women and their family members from the womb to the tomb.

Upstream Levels of Impact

- Individual level
  - Monitor stress level
  - Periodontal checkup
  - Screen for diet and nutrition needs
- Group & Interpersonal level
  - Baby Mama's Group
  - Sister Chat
  - Collard Greens for the Ghetto Soul Cultural Work
- Organizational level
  - Citywide Coalition to End Infant Mortality
- Community Environment level
  - Anti-Stigma Campaign/Harlem Strategic Action Committee
  - Weight Watchers
- Society/Public Policy level
  - City Council Funding

Benefits of Building a MCHLCO

- Reduces fragmented health care system
- Increases continuity of care
- Cost Efficient
- Increases organizational efficiency
- Increases funding opportunities
- Increases sustainability
- Impacts health needs of women & their families from the womb to the tomb

Spectrum of Work for MCH Life Course Organization
Building Public Health Social Movement

Housing
- Home Ownership
- Affordable Housing
- Base Building- St. Nicks

Economic Opportunities
- Harlem Works
- Financial Literacy
- LPN RN Training Program
- Union Employment
- Micro Lending Savings
- Empowerment Zone

Legislative Agenda
- Reauthorize Healthy Start
- SCHIP
- Minimum Wage Legislation
- Women's Health Financing

Health System

Case Management - Title V Funds
Health Education - Regionalization
Outreach -Harlem Hospital
Perinatal Mood Disorders-Birthing Center

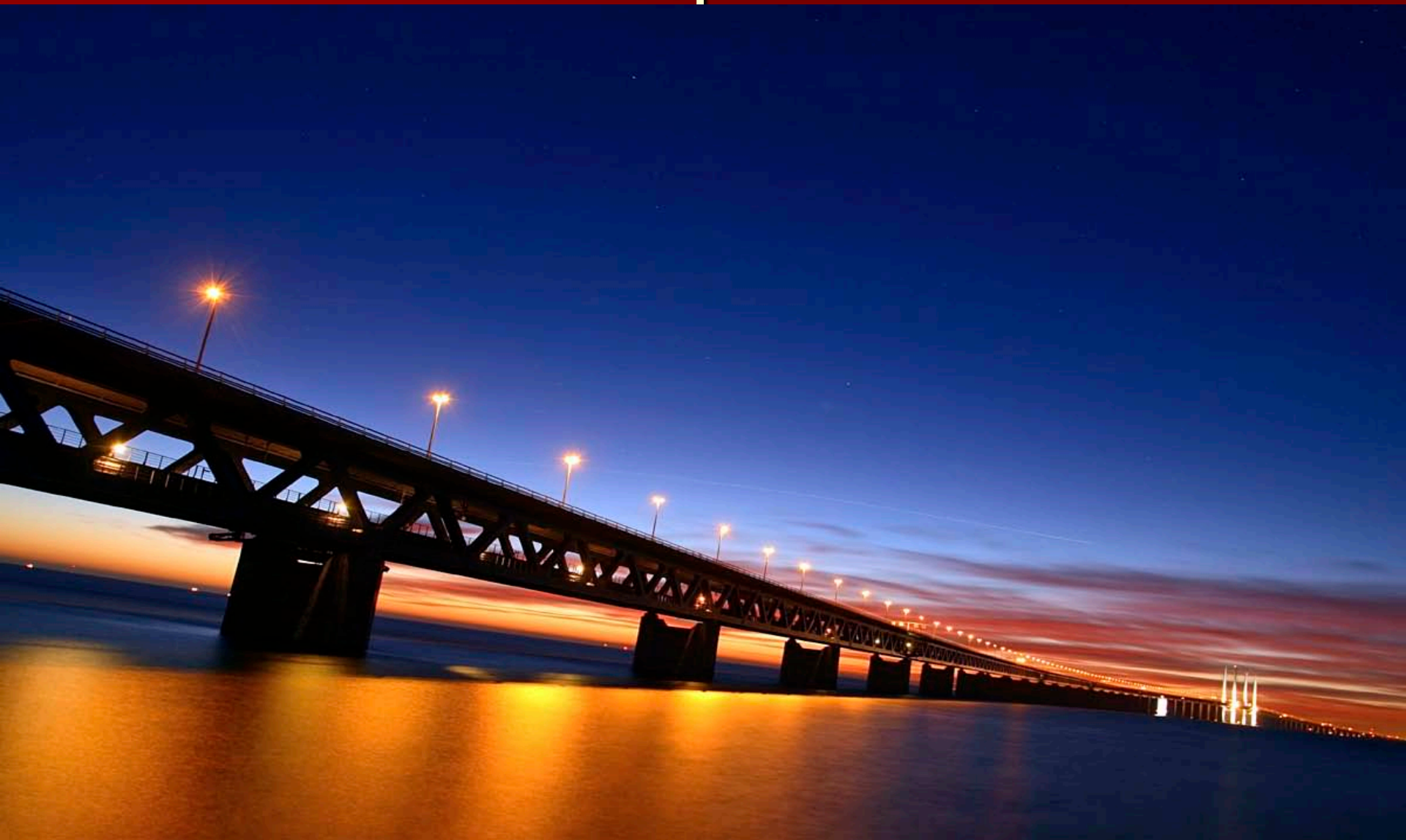
INTERCONCEPTIONAL CARE

Early Childhood
- Early Head Start
- Head Start
- UPK
- Choir Academy

Child Welfare
- Preventive Services
- Foster Care Services
- Parenting Workshops
- Newborn Home Visiting

COPS Waiver

Crossing the Bridge into Interconceptional Care



Goals of Interconceptional Care

- The reduction of low birth weight & infant mortality
- To increase women's access to healthcare
- The reduction of disparities in mother & infant health outcomes

Input

- Interconceptional Care Case Management
- Clients/Consumers
- Strength based framework
- Money
- Sacrifice
- Time & Patience

Key Concepts

- Organizations begin by developing a Life Course position and framework for conceptualizing the theory
- Action steps are taken from the top down to internalize this position as part of the organizational culture
- Interconceptional care becomes the driving force for strategic programming and funding
- Organizations develop an interconceptional care protocol for working with women

Activities

- Staff – training
  - Interconceptional Care Case Management: coordination of comprehensive quality services
  - Leadership
- Clients - training
  - Reproductive life planning
  - Leadership
  - SMART goal setting
- Outreach – upstream approach
- Core Contents of Case Management – every woman
  - Risk assessment
  - Health promotion
  - Clinical interventions
  - Psychosocial interventions
  - Socioeconomic interventions

**Enhanced contents utilized for high risk women

Key Concepts

- Intake, screening and assessment of clients is key
- Staff training must be specific to developing the staff's capacity to transition to an interconceptional care model
- Leadership capacity is built which enables programmatic experimentation
- Clients assume their rightful position as the authority in their lives, relegating staff to facilitator on their journey to change

Client short-term outcomes

- Identification of baselines for physical and mental health, and wellness issues
- Engagement of fathers, male partners and spouses
- Circle of support
- Referrals to services based on intake, screening and assessment

Key Concepts

- Short term outcomes will include the baseline data collected from the client's risk assessments
- Male involvement will be a cornerstone of interconceptional care
- Intergenerational involvement will be a cornerstone of interconceptional care

Client long-term outcomes

- Birth spacing
- Grassroots legislative involvement and advocacy
- Improved interpersonal relationships
- Improved self-efficacy
- Ongoing support network
- Increased economic and educational opportunities
- Planned pregnancies
- Sustained healthcare
- Life Course Ambassador

Key Concepts

- Outcomes related to the clients current health status and future pregnancies are included

Measure of Success

The successful transition from theory to practice of an MCH Life Course Organization is measured by its upstream impact.

NMPP MCHLCO
Areas of Upstream Impact in Central & East Harlem

- Chronic disease management – diabetes/asthma
- Overweight & obesity
- Perinatal mood disorders
- Fatherhood
- Headstart & Pre-K
- Nutrition & Fitness
- HIV/AIDS
- Gynecological & reproductive health care
- Infant mortality reduction & advocacy work
- Poverty reduction activities
- Workforce empowerment
- Health policy & financing

Where does Memphis Go from Here?

1. Assess your organizations existing capacity
2. Build internal capacity
3. Develop a strategic interconceptional care approach
4. Build collaborations to create an integrated system of care

Contact

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